





## Friday 10th May, anytime between 6pm and 8pm

## Saturday 18th May, anytime between 10am and 12 noon

Come and try your hand at lawn bowls on one of our "taster" sessions. The team's coaches will be on hand to show you the ropes and explain the basics. No previous experience required, just turn up in flat shoes and play.

The sessions will take place on our green in Manor Park, New Malden KT3 6AU (walk along the path between the pavilion and the tennis courts; carry on past the children's playground and the gate to the bowling green and our clubhouse is at the end of the path).



Lawn Bowls is a vibrant and accessible non-contact sport that can be played and enjoyed by all ages and all capabilities. We have a well-established junior section, and our members range from 9 to 90's!

Are you looking for a new outdoor activity that is fun, social, and challenging? Are you ready to step onto the green and embrace the excitement of lawn bowls? Our Open Events promise a fun opportunity to learn the art of lawn bowls.

## Social Benefits:

- Connect with fellow enthusiasts and our welcoming community.
- Bring your friends, family, or come solo you're guaranteed to make new friends.

## Health Benefits:

- improved fitness
- improved coordination and skill development
- increased confidence and self-esteem
- enhanced mental wellbeing.

For more information contact us at Malden Manor Bowls Club

Visit our website: www.maldenmanorbc.co.uk